



Make Alzheimer's a Memory™

Silver Alert Kit Checklist

When a loved one with dementia or Alzheimer's disease wanders, it's helpful to be prepared. **Complete the Alzheimer's Tennessee materials inside this bag now to create your Silver Alert Kit** so that you are ready in case of a wandering situation or emergency.

1. Complete enclosed **Personal Profile Form** (also available online to be downloaded, filled out, printed and saved on your personal devices at www.alzTennessee.org/SilverAlert)
2. Gather pictures of the person (face, profile, and full-length photo). Pictures should be recent, within the last 6 months. A video would also be helpful. Collect a scent example, such as the pillowcase they use, or an unwashed item of clothing. Seal and store in Ziploc-type bag.
3. Create a list of emergency phone numbers (including agencies to contact, as well as family, neighbors and friends).
4. Review included **Wandering Warning Signs** brochure to better understand why individuals wander and how to help *prevent* wandering.
5. Follow the recommendation on the **Wandering Preparation & Response** Flyer to prepare for wandering situations.
6. Study **Safety Catalog** (at www.alzTennessee.org/SafetyCatalog) for more ways to prevent and prepare for wandering.
7. Consider enrolling in the MedicAlert Found program at www.alzTennessee.org/Found
8. Complete and gather all materials, including **When a Loved One is Missing Q&A**, make copies and have them readily available. Add one set of materials to the included **purple bag** to have as a "travel kit" for when on-the-go.

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Personal Profile Form

DIRECTIONS: Save a copy of this document on your computer or phone AND print multiple copies and keep in a safe location.

DATE COMPLETED:

Full Name:

Nickname(s):

Birthdate:

Height:

ft.

in.

Weight:

Ethnicity:

Eye Color:

Hair Color:

**Unique Features/
Physical Characteristics:**

Glasses

Cane

Prosthetics

Uses Walker

Hearing Aid(s)

Mustache

Wig

Wheelchair

Description & Location of Following:

Moles:

Scars:

Birthmarks:

Tattoos:

**If the individual is enrolled in
MedicAlert/Found, what is the ID#:**

Does he/she have any ID items?

Bracelet

Necklace

Driver's License

Other: _____

**GPS enabled electronics, jewelry or
clothing (ie shoe insole)?**

Watch

Phone

Tile

Other: _____

Current Address:

County:

Cellphone Number:

Cellphone Carrier:

Previous Address(es):

Childhood Home Address:

Where they worked in the past:

Places of Interest: (favorite restaurants, parks, theaters, vacation spots)

Even if they lived in a different city/state, are there local addresses that match?
(ie 123 Main Street)

How easily does this person relate to strangers?

Would they accept a ride from a stranger?

Family Pet(s):

Unique Information: (Please enter any information that is unique about this person that could help investigators or searchers.)

Medical Information

Special Needs/Medical Conditions:

Allergies:

Current Medications & Purpose:

Social Media Information

List All Known Social Media Accounts
& Login Information:

List All Known Email(s) & Login
Information:

Transportation Information

What Kind Of Transportation Does This
Person Use?

If They Drive, What's The Make, Model,
Color Of Vehicle:

License Plate Number:

State

VIN:

Driver License Number:

State

Does The Vehicle Have OnStar, Toyota
Safety Connect, etc.?

Yes

No

List Any Identifying Items On The Vehicle:

Financial Information

Bank, Debit, Credit Card Number(s) and Contact Info:

Place Of Current Employment (if applicable):

Additional Information

Does this individual have family/friends that live close by? If so, who and where?

Do they have an agency that provides care to them? If so, what is their contact information?

Do they have a conservator or POA? Yes No

Might the person be fearful or lash out if approached by law enforcement/first responder?

Do they have a sensitivity to lights, sounds, touch? How do they react?

What helps calm them?

How do they communicate best? (For example, with words, sign, pictures, or gestures?)

Can the person speak clearly? Can they ask questions? Answer questions?

Do they have a "safe place" or somewhere they might hide?

Would they be more likely to go to a noisy place (like a mall)?
Or a quieter place (like the woods)?

Current Photographs

Please use high-quality, full-face images that clearly show this person's image. Also include a full-length photo. Please consider documenting the type of vehicle the individual operates.



Wandering Warning Signs

**Wandering can happen any time, day or night.
6 out of 10 people with dementia will wander
during the course of their disease.**

Why do people living with dementia wander?

- They get disoriented while driving or walking and cannot figure out how to get home.
- They are looking for someone or something familiar.
- They are trying to get to a place they used to go, like work or school, or following old routines.
- They are trying to escape a noisy or chaotic environment, with too much stimulation.
- They may be bored from a lack of stimulation.

People with dementia may also wander after a sudden change, for example, a move to a new house or assisted living community.

Warning signs that your loved one may wander:

- They may pace or appear to be anxious and agitated.
- They're concerned about going somewhere like work, to pick up children from school, or to the store.
- They search for something believed to be lost.
- They ask about or look for people who may no longer be living.

Tips to prevent wandering

- Provide plenty of activity during the day to avoid boredom, and increase tiredness.
- Walk with them and attempt to redirect them to something else that they are able to do.
- Disguise doors with curtains, or put "Do Not Enter" or stop signs on doors.
- Keep track of your loved one's specific triggers and avoid these triggers as much as possible.

Learn more about Wandering and Prevention at alzTennessee.org/Academy

www.alzTennessee.org | Statewide Toll-Free: 888.326.9888

EAST TENNESSEE: 5801 Kingston Pike, Knoxville, TN 37919 | 865.544.6288

MIDDLE TENNESSEE: 106 Mission Court, Suite 203, Franklin, TN 37067 | 615.580.4244

THE CUMBERLANDS: 390 Lowe Ave., Suite I, Cookeville, TN 38501 | 931.526.8010

SOUTH CENTRAL TENNESSEE: 309 N. Jackson St., Suite 1, Tullahoma, TN, 37388 | 931.434.2348

NORTHEAST TENNESSEE & SOUTHWEST VIRGINIA: 2319 Browns Mill Rd., Suite D6, Johnson City, TN 37604 | 423.232.8993

WEST TENNESSEE OFFICE: 38 Old Hickory Cove, Suite B175, Jackson, TN 38305 | 731.694.8065



Wandering Preparation & Response

Complete a “Silver Alert Kit” available at alzTennessee.org/SilverAlert including:

- 1. Personal Profile Form for Your Loved One**
- 2. Photos of Your Loved One (Face and Full Length)**
- 3. Photos and License Plate Numbers of any Vehicles Available to Your Loved One**

Preparations in Case Your Loved One Wanders

- **Make a list of places your loved one may go like previous addresses, favorite parks or restaurants, friends and family's homes. Keep track of your loved one's specific triggers and avoid these triggers as much as possible.**
- **Put chimes or alarms on doors and safety devices on door knobs.**
- **Place motion detector security cameras around home.**
- **Keep an updated list of family and other people you would call in an emergency.**
- **Alert neighbors and local authorities that your loved one has dementia and may get lost.**
- **Put location devices like Tiles or Apple AirTags on keys, purses, dog collars or anything they may take with them.**
- **Install tracking apps for your loved one's smart phone, smart watch or fitness tracker.**
- **Purchase a Medic Alert FOUND bracelet and other identification jewelry.**
- **Use sew-in or iron-on identification labels on your loved one's clothes. Encourage the use of a wallet with identification information in it.**

Learn more about the FOUND program at alzTennessee.org/Found

How to Respond if Your Loved One Wanders:

- **Alert local authorities immediately so that a Silver Alert can be issued.**
- **Notify the people on your emergency contact list.**
- **Contact your local Alzheimer's Tennessee office for support.**
- **Keep your Silver Alert kit accessible.**
- **Have someone check the locations your loved one is most likely to go.**
- **When a Silver Alert is issued, local media will be asked to assist in locating the lost individual.**
- **Notify the community with your social media.**
- **Use location apps to find Tiles, AirTags or smart phone, watch or fitness tracker.** (Remember, the person may not have the device with them.)

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When a Loved One is Missing...

Questions that caregivers may consider to assist in the search for their loved one:

Have you followed the MedicAlert/FOUND Protocol?

1. Have you searched the immediate area?
2. Have you called law enforcement, completed a missing person's report, and discussed issuing a Silver Alert?
3. Have you called MedicAlert/FOUND 1-800-432-5378

Next Steps in your Search:

- Which law enforcement department did you contact?

What was the officer's name?

- Has the immediate vicinity been searched thoroughly? Have all buildings, garages, and outside storage areas been searched?
- Have the neighbors been notified of the situation and asked if they have seen the missing person? Have you notified the people on your emergency contact list?
- Are family members, friends, and neighbors available who can help with the search? Have you asked them to check locations your loved one is most likely to go?
- Is there someone available to stay by the phone to assist in the return of the missing person?
- Have you contacted your local Alzheimer's Tennessee office for support?
- Would it help to notify the community through your social media?
- Have you looked at location apps on Tiles, AirTags and smart phones? (Remember, the person may not have the device with them.)

Have you completed a Personal Profile Form and provided it to authorities?

The form may be found at www.alzTennessee.org/SilverAlert and will also help you answer some of the questions on the back of this page.

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Where is the person likely to go?

1. Has the person been lost or wandered before? What happened then?
2. What are the environmental risks in the area – weather, woods, park, highway, trains, and bus stop?
3. Is the person dressed appropriately for the weather and time of day?
4. Would the person go to a noisy place like a mall or a quieter place like the woods?
5. How easily does the person relate to strangers? Would they accept a ride from a stranger?
6. Where does the person like to go (today and in the past)?
7. Where did the person live in the past? Are there addresses of other homes that match local addresses? Where was the person's childhood home?
8. Does the person have family or friends in another community that he/she may try to visit? Have other family members been notified?
9. Is there somewhere the person may try to hide?

What can the person do?

1. Can the person talk clearly? Ask questions? Answer questions?
2. Will the person recognize familiar landmarks?
3. Will the person know how to avoid dangers, such as bad weather or water?
4. How disoriented is the person? Can they tell time and day of week? Can they identify their home, provide their address? Can they provide their own name? Will they use or respond to a maiden name or nickname?
5. Can the person use a bus or taxi? Drive a car, truck, or motorcycle?
6. Does the person have access to money, checkbook, ATM card, or credit cards?
7. Does the person exhibit any problematic behaviors? Does he/she get agitated easily or is violent towards others?

What are the person's special interests?

1. Does the person have a favorite place? Former favorite vacation spot?
2. Has the person talked often or recently about a certain place?
3. How comfortable would the person be entering a store, church, or other public building?
4. Any special interests or hobbies that might lead the person to a specific location?
5. What was the person's occupation? Where did the person work – specific addresses? Would the person try to return to a former place of employment?